



Annual Report

Special points of interest:

- Shared Beat & Safe Passage commit to wellness
- The glasses program takes off!
- Shared Beat supplies aid impoverished in San Antonio, Texas, Honduras, Russia, Africa & Guatemala
- Volunteers donate over 4000 hours in 2007!
- Can't find a special gift for that person who has everything? Why not give the gift of wellness to those in need! See page 6 for details.

A New Commitment To Health And Wellness

Four years ago, on a flight from Guatemala City to Houston, my husband and I sat beside a US Embassy employee whose wife volunteered at Safe Passage.

For the next 2 ½ hours, he lovingly described a project in the heart of one of the poorest areas of Guatemala, a vision my husband and I could not shake from our thoughts.

Over the next 2 years I visited the project with friends and family to see what we could do to help. As a group of healthcare related personnel and professionals, we decided to form a nonprofit, Shared Beat, to assist with healthcare, wellness and prevention issues to supplement the established Bayer Clinic within the project. In November, Shared Beat completed its 3rd medical outreach clinic to the children, families and community of Safe Passage. During those 3 clinics our groups of volunteers provided care to over 1200 medical & 300 dental patients, provided glasses to 100+



students and adults, taught health education classes, initiated health records for the students and provided needed medications and supplies to the clinic.

At the conclusion of the most recent trip, Shared Beat and Camino Seguro administrators set in motion a plan for Shared Beat to cooperatively coordinate the healthcare portion of the project.

Shared Beat will:

- Provide annual physical, dental & visual screens to all students
- Provide health records for all students and staff

- Coordinate all healthcare groups activities to the project
- Provide needed glasses, supplies and medications in conjunction with Bayer
- Provide Health Education modules for teaching
- Mentor students interested in healthcare careers and provide scholarship opportunities

If you would like to help:

- Provide supplies and/or medications
- Donate scholarship money for students interested in healthcare careers
- Participate in a medical outreach trip

Please contact us!

Jenny Hartsell

830 336 4508

info@sharedbeat.org

Inside this issue:

Volunteers Story	2
Glasses!!!	2
Financial Info	3
Clinic Data	3
Donors	4
Health Fair	5
Kinder Class Helps	5
Supply Donations	5
Volunteers	6
Contact Info	6



Shared Beat August 2007 Medical Outreach Team & The Mothers Club of Safe Passage

The Mothers Club meets every Saturday, at Safe Passage school in Guatemala City, where they learn life skills through outside speakers and hands-on activities. To learn more about Safe Passage visit www.safeassage.org

Volunteers Pictured:

Joanne Covarubius, Vianca Gutierrez, Kimberley Henderson, Lisa Pinina, Marie Berkenkamp, Scott Lawler, Bob Wilson, Torri Wilson,

Photographs in this Report were contributed by volunteer photographer, Don Bisett as well as volunteers Mary Jackson and Bob Wilson

Annual Report

A Volunteers Story



"There was what looked like a tornado of black buzzards ... symbolizing rot, disease and death"



"The images of people wading through...waste is appalling."



"...would you do what it takes to save a life?"



Visual screening starts young



Safe Passage student shows off his new "Harry Potter" style glasses

As a new participant with Shared Beat, I was asked if I would share my thoughts about my experience in Guatemala this November. Simply said, it was a life changing experience for me. If you're reading this article chances are you're familiar with Shared Beat, or have been a part of its incredible mission.

Making the decision to participate was actually a last minute decision for me. Outside of my family and employer, I really didn't tell anyone that I was going. Upon returning, the question I was asked most by my friends and colleagues, was "why did you go?" Had I been asked prior to going, I would've said adventure, experience and service; asked today, my reply is "I can't imagine not going again."

As we approach the holiday season, I can surely say that I truly have a lot to be thankful for. My previous experiences with poverty include getting lost on the wrong side of town in San Antonio, and shopping in Progreso, Mexico (which is a short drive from my Rio Grande Valley home). Nothing could have prepared me for the level of extreme poverty that I bared witness to. I still remember the first day I saw the dump from a distance. There was what looked like a tornado of black buzzards circling over it -symbolizing rot,

disease and death. The images of people in the dump, wading through residential, industrial, biohazardous and chemical waste is appalling. They wade through the trash for scraps of food, items that can be sold for recycling, as well as general needs items like clothes and shoes. I will never forget seeing all the hands raised up towards the dump trucks bringing as they deposited. I could write pages about how this experience disrupted and changed my ethnocentric view of the third world, but to do so would be untrue to what I feel a passion to speak about: the need for this program to continue and flourish in years to come.

Safe Passage, the program started by Hanley Denning, was created to provide assistance to the children of the Guatemala City garbage dump. They provide an avenue for children to attend public school for half a day, and then attend their center for educational reinforcement. Although there is a school nurse that staffs the center, the resources are limited, and many children go untreated for a myriad of preventable diseases. The makeshift clinic set up by Shared Beat and its volunteers allowed for children, family members, and members of the surrounding community to undergo medical screenings for their untreated ailments. The volunteer

staff was able to compassionately treat many of the patients with treatments that aren't available to them because of price and accessibility. Something as simple as an antibiotic has the potential of changing the course of the life of an infant; giving glasses to a child has the ability to change their learning potential and future.

We are all human. Regardless of race, nationality, age, education, socioeconomic status... we are all people with a basic desire to live and be happy. With the superfluous luxury that we live in as Americans it's not necessarily incumbent on us to travel to other parts of the world and give to others, but it's the right thing to do in consideration that sharing your talents, abilities, and generosity can change the outcome of one life... of many lives. So where do you the reader stand? Given the choice, would you do what it takes to save a life? Beyond being immensely gratifying and rewarding, the impact that is left on the lives of children and the community is a legacy that may never be recognized, but one that will live in the heart of a child.

Luis Sanchez



Glasses

In November 2007, we were able to fit over 76 children and adults with glasses and reading glasses. The gold rimmed "Harry Potter" style frames were not everyone's idea of high fashion, even in the dump, but opinions changed when they realized they could see.

Throughout the busy week, two people were particularly memorable. One, a little boy we fitted on the first day. His smile stretched across his face when he put on his new glasses, pointing to things he could now see in the distance. His hugs and quiet "Gracias" made

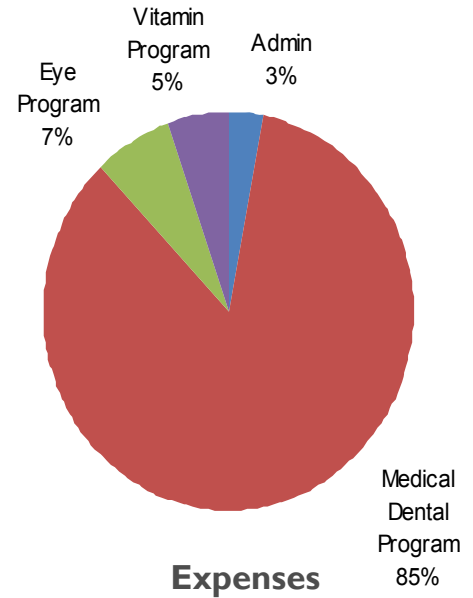
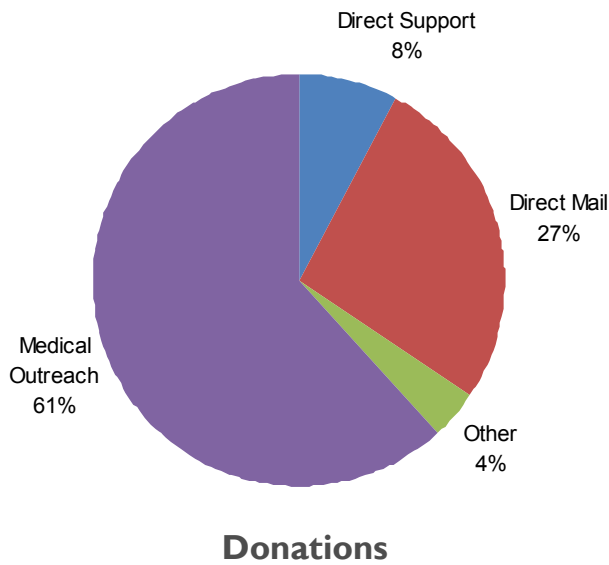
our day. Better yet, when we arrived the next morning, there he was, sitting on the steps, proudly wearing his new glasses.

The other was a tiny grandmother who was part of Safe Passage's Women's Literacy Group. She learned to read to help her grandchildren. Hunched over a child's chapter book, she tried on pair after pair of reading glasses until she found the perfect ones. Then, with a face full of gratitude, she circled the room and gave each of us a kiss, safely tucking her glasses in her apron.



We were able to help the eyes of 76 people that week, but in the end, it was our eyes that were opened. They were opened to the reality of their daily life, their challenges and their hopes.

By Torri Wilson



Don't forget to visit us on the web! www.sharedbeat.org

Clinic Data

Medical Clinic Data 2007			
Patients	Diagnosis	Total	Total
Medical	Physical Exams		855
	Well Child	315	
	Respiratory	152	
	Dermatology	135	
	Ear/Nose/Throat	79	
	Infectious Diseases	72	
	Gastrointestinal	64	
	Musculoskeletal	58	
	Head & Neck	34	
	Gynecological	27	
	Eye	20	
	Renal	17	
	Endocrine	14	
	Cardiac	12	
	Blood	4	
	Weight Issues	4	
	Neurological	3	
	Mental Health	2	
	Other	10	

Dental		
Screening		152
Good Oral Health	66	
Extractions	28	
Decay & Carries	89	
Other	15	

Visual Clinic		
Screening		477
Glasses	72	
Readers	36	
Sunglasses	145	

Lab Test/ X-ray/ Prescriptions	
Lab	152
X-ray	12
CAT Scan	1
Prescriptions	1092

Supply and Medication Donations to Safe Passage \$48,000+



Level 5

Don & Billie Bisett
 Dr Marie Berkenkamp
 Jack & Cala Coleman
 Danny & Tiffany Ferry
 Dr & Mrs. Wright Hartsell
 Kimberley Henderson
 Mary & Bur* Jackson
 Kirby Dental Center
 John Masaryk
 George & Melinda Reeves
 Dr & Mrs. John Watson
 Rick & Vickie White
 Dr & Mrs. Robert Wilson

Level 4

Ronald & Laura Amoretti
 Anonymous
 Karen Calle
 Polly & Bruce Davenport
 Donna Hesterlee/D'Ann Pinina
 Richard Keasler
 Anne Keating
 Rene & Eleanor Lopez
 Alicia Nieto
 Karen & Ernest Olguin
 Phillip Morris USA
 Pamela Ramos
 Richard Redding, DDS
 Luis Sanchez

Level 3

BG & Helen Amerson
 Brian & Julia Bates
 Dean & Audrey Bearden
 Jim & Willie Beaver
 Donette Bisett
 David & Terry Bisett
 Doug Britton, DDS
 Bettie Burton & Ed Sypniewski
 Kyle Daughtry

Martha Eury
 Beverly Burris
 Cesar & Olga Carias
 Dr & Mrs. David B Crosland
 Beth & James Darnell
 Pat & Larry Decator
 Walter Drury
 Don & Lori Enders
 Tim & Rebecca Fastle
 Maria Ferrier
 James & Marilyn Gladson
 Gary & Tory Hendry
 C & P Hile
 Stephanie & Terry Hodges
 Chris & Cheryl Howard
 Alice Keasler
 Mike Kelly
 Angie & Billie Lemmons
 Dr & Mrs. Rick Mendelssohn
 Pat & Joe Maksyn
 Buddy & Kristen Matthews
 Tina Mayle
 Dr & Mrs. Tom McNish
 Nancy Meadows
 George Metz , DDS
 Bob & Missy Mials
 Carlos Morris
 Dr & Mrs. Steve Murray
 Carla & Mac Northington
 Vickie Quintanilla
 Vincent & Vicki Panella
 Dr Margie Peters
 David & Janet Piwonka
 Abraham Zaer-Rafie
 Amy Richards
 Kris Ritticher
 Frances & Harold Riquelmy
 Carl Rush
 Marilou & Carlos Saguillo
 Jose & Monica Serna

Kristen Scheller
 Richard & Stephanie Shaffer
 Robert & Sarah Shaw
 M Soechting
 Ray Sprayberry, DDS
 James & Linda Stafford
 Richard & Yolanda Swope
 Linda Tingle
 Gerardo & Rosa Valenzuela
 Tom & Elizabeth Walsh
 Connie Widenhouse
 Angie Williams, MD &
 Royce Calhoun

Level 2

Greg & Anna Armand
 Frances Baucom
 Carolyn Beaver
 Kenard Bisett
 Tony & Carla Canty
 Ginger Clark
 John & Kay Clifton
 Bif & Suzie Coleman
 Jean East
 Julie & Ken Evans
 Eric Falk
 Jane Goles
 Beth Guthrie
 Linda & Tad Hampton
 Jeff & Suzette Harris
 Michael & Susan Harris
 Alex & Gretchen Huddleston
 Todd & Carol Jarvis
 JMB Enterprises
 Chandra & Christopher Kelley
 Este & Luke Kellogg
 Joseph & Denise La Storia
 Mary Ryan Maffie
 Jim & Beverly McCormick
 Barbara & Melvin Moose
 Brad & Cindy Morrison

Sharon Plant
 Edward & Ginny Porrata
 Rebecca Rafie
 Tanya Rios
 Joel Rodriguez
 Jim & Kathy Row
 Benny Rush
 Lila Schadler
 Forrest & Ingrid Smith
 M Soechting
 Dale & Helen Stein
 Becky Stephens
 Barbara Swanson
 Regi Vriesenga
 Joyce & Col EY Walker
 Geoff & Martha Weiss
 Laura White

Level 1

Letty Alarcon
 Cheryl Atherton
 Todd Baribault
 Joel Berry
 Mary Cashiola
 Ruben & Lamar Duarte
 Kevin & Judy Evachewski
 Dr Robert Frolichstein
 Justice At The Gate
 Mary Alice Gonzalez
 Ruben Gutierrez
 Anne Horejsi
 Clara Lively
 Paula Montanaro
 Mary Moorman
 Brittini Petty
 J Rabe
 Dr Michael Richard
 Dr Steve Shroyer
 Katie Small
 Sally Strycker
 Gary & Wendy Long

Special Thanks

Methodist Healthcare Systems
 Bob Black– John Dental
 Doug Britton, DDS
 Dietz McLean Optical
 Ken & Ginny Frederick
 Kirby Dental
 Medaphase, Inc
 Jairo Melo, MD
 Methodist Print shop

Safe passage
 Maegan Short
 Forrest Smith
 Maribel Solis
 Cindy Terry, RN
 Michael Wooley, MD
 South Texas Hem/Onc
 Wexford Labs



Our Friends

Apple Specialty Advertising
 Equipping the Saints
 Eye Deal Eyewear
 Globalemed/Medpharm
 InFocus
 La Pina Del Sol Antigua, Guatemala
 Lazos Fuertes Hotel Antigua, Guatemala
 Savedirect.Rx.com
 Vine international



Guatemalan Health Fair

Shared Beat's 1st Health Fair was held at Safe Passage in Guatemala City on Saturday, November 10th. The Fair was opened to the community with booths including:

*Physician Consultations
Blood Pressure & Glucose Check
Prenatal & Early Childcare
Cancer Prevention
Healthy Eats
Dental Care
Hygiene, Safety & First Aid*

Spanish health and wellness literature was available at the booths along with volunteers to answer questions. Games & a piñata filled with healthy treats livened up the morning. Thanks to the generosity of our Health Fair donors, over 200 community participants received hygiene & dental items, caps, sunglasses, reading glasses, first aid kits and vitamins.



Cala Coleman and Barbara Swanson hand out healthy treats



Pinata Fun!



Health Fair Donors

Ceila Aviles
Jeff Beal
Marie Berkenkamp
Don Bisett
Diane & Ross Bowen
Kelly Burns
Karen Calle
Cala & Jack Coleman
Linda & James Dunn
Sharon Ferguson
Jeannie Flores
Girl Scout Troop 298
Jane Goles
Dr Goodson
Helena Goodyear
Vianca Gutierrez
Jenny Hartsell
Merry Hill
Mary & Bur* Jackson
JC Branding
Crystal Jeffers
Christy Koronczok
Wendy Long
John Masaryk
Snick & Laura Meyers
Dr Stephen Miller
Barbara Owens
Trish Ramsey
Grace Richter
Kristen Scheller
Kit Smart
Kara Strutz
Barbra Swanson
Mary J& David Tasker
Cindy Taylor
Cindy Terry
Rosa Valenzuela
Anne Washburn
Rick & Vickie White
Torri Wilson
Karri Zumwalt



Volunteer Luis Sanchez plays games with Health Fair participants. The prize— a pineapple!



John Masaryk & Karen Calle, check blood pressures at the fair.

Bright Ideas Daycare Helps The Eye Team!



Shared Beat volunteers, Marie Berkenkamp & Jenny Hartsell visit Bright Ideas students to share information about the glasses clinic and give a little geography lesson.

The purchase of a hand-held focometer made the dream of providing glasses for the children of Safe Passage a reality. The focometer is the size of a camera lens and after an exam can determine a person's prescription. The device was developed by InFocus, a nonprofit eye ministry in Houston. To learn more about the focometer and InFocus visit www.infocus.org After purchasing the focometer,

Shared Beat volunteers Torri Wilson, Scott Lawler & Jenny Hartsell enlisted the help of Anna Marie Gerard's kinder class from Bright Ideas Learning Center, San Antonio, Texas. The students helped volunteers with the fine art of performing eye exams on children. The practice run with Anna Marie's class proved to be both challenging and a great help for the upcoming trip.

Thanks Bright Ideas students!



A reason to smile!

2007 Supply Donations

- Donated 2000+ pounds of medications and medical and school supplies to Safe Passage in Guatemala City, Guatemala
- Supplied 550 Safe Passage school children with a years worth of vitamins and anti-parasite medication
- Contributed 25 boxes of supplies to Medisend, a nonprofit sending needed supplies all over the world

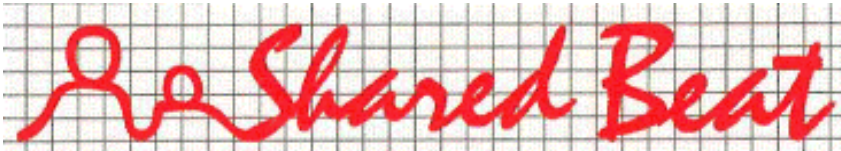
- Provided 150 First Aid Kits and hygiene supplies to the San Antonio chapter of StandUp For Kids, a national organization assisting runaways and street children.
- Provided Refuge International, a nonprofit group healthcare group, with 1000+ pounds of healthcare supplies. for medical outreach to Guatemala & Africa.

- Donated clinic supplies to: - Life Church , Edmond Oklahoma for a healthcare mission to Honduras
- Cibolo Creek Community Church, Boerne, Texas for health care missions to Mexico & Africa
- Agape Ministries, Raleigh, NC for a healthcare mission to Russia

To donate supplies, contact us: info@sharedbeat.org
830 336 4508



Shared Beat volunteers made 550 "Be Healthy" Valentine cards for the students of Safe Passage



Visit Shared Beat on the web- www.sharedbeat.org

101 Greystone Circle Boerne, Texas 78006
830 336 4508 830 336 4509 Fax info@sharedbeat.org



November 2007 Volunteers: Vianca Gutierrez, Rosa Valenzuela, Marie Berkenkamp, Linda Dunn, Don Bisett, Torri Wilson, Karen Calle, Jeannie Flores, Luis Sanchez, Jack Coleman, Cala Coleman, Mary Jackson, Anne Keating, Jenny Hartsell, James Dunn, Jeff Beal, Barbra Swanson, John Masaryk, Wright Hartsell

Shared Beat is a 501(c)(3) volunteer organization providing basic healthcare & wellness education to children and families in impoverished areas.

Shared Beat Board of Directors

- Jenny Hartsell, President
- Jeff Beal, Vice President
- Torri Wilson, Secretary
- Rick White, Treasurer
- Marie Berkenkamp
- Wright Hartsell
- Scott Lawler

Our board of directors are volunteers for direction of the mission as well as volunteers in the field.

Volunteers

Shared Beat is an all volunteer organization. There are no salaried administrative staff or board members. Medical trip volunteers cover their own travel and lodging expenses. Shared Beat depends upon the generosity of the time and expertise of our volunteers.

This year, our volunteers gave over 4000 service hours for those less fortunate!

Thanks to all of our wonderful volunteers for giving of your time, money and hearts!

If you would like more information about becoming a volunteer, or sponsoring a volunteer give us a call or send us an e-mail: 830 336 4508

info@sharedbeat.org

We look forward to hearing from you!

Student Volunteers

This year Shared Beat student volunteers helped pack, sort & count medical supplies. Thanks to our students for helping out!

- Hayley Amoretti Emily Hartsell
- Jeremy Hartsell Dillon Lawler
- Amber Schlodoer Jessica Wilson

Contact us if you'd like to be a student volunteer or know a group who needs a service project.



Lifetime friends, James Dunn & Jack Coleman work together checking heights, weights and temperatures on the children during the November 2007 clinic.



Make a difference this holiday season.

Give a donation in honor of a friend or family. Shared Beat will send them a Christmas card acknowledging the gift and you receive a tax deduction!

Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

In Honor of _____ In Memory of _____

Address of Honoree/ Address of Family for Memorial Gift

Name _____ Address _____

City _____ State _____ Zip _____



Mail To: Shared Beat 101 Greystone Circle Boerne, Texas 78006

All donations are tax-deductible and will be used to aid Shared Beat Health Care Programs

Donation Amount _____